


St Johns County School District Elementary School Menu
Month of: October

October 2 MONDAY	October 3 TUESDAY	October 4 WEDNESDAY	October 5 THURSDAY	October 6 FRIDAY
Macaroni & Cheese Choice WG Roll Chicken Max Snax Chicken Nuggets & Choice of WG Roll Baby Carrot Dippers Green Beans Steamed Broccoli Assort Fruit	Mini Corn Dogs Cheese Ravioli & Choice of Garlic Toast Max Cheese Sticks & Choice of Marinara Baby Carrot Dippers Spinach / Romaine Salad Sweet Red Pepper & Celery Dippers Corn Assort Fruit	Cheese Pizza Chicken Nuggets & Choice of WG Roll Baby Carrot Dippers Spinach / Romaine Salad Celery & Cucumber Dippers Sweet Peas Fresh Sliced Apples	Cheeseburger Homestyle Chicken Sandwich Chicken Nuggets & Choice of Garlic Toast Baby Carrot Dippers Spinach / Romaine Salad Sweet Red Pepper & Celery Dippers Baked Potato Fries Assort Fruit	Hot Dog Chicken Nuggets & Choice of WG Roll Max Cheese Sticks & Choice of Marinara Baby Carrot Dippers Spinach / Romaine Salad Celery & Cucumber Dippers Baked Beans Choice of 100% Juice: Apple or Fruit Punch
Dipping sauce dunk cup	Ketchup, mustard	Dipping sauce dunk cup	Ketchup, mustard, lettuce tomato cup , dipping sauce dunk cup	Dipping sauce dunk cup, ketchup, mustard
October 9 MONDAY	October 10 TUESDAY	October 11 WEDNESDAY	October 12 THURSDAY	October 13 FRIDAY
Chicken Quesadilla Max Max Cheese Sticks & Choice of Marinara Chicken Nuggets & Choice of Garlic Toast Baby Carrot Dippers Green Beans Steamed Broccoli Assort Fruit	Cheese Calzonettes Homestyle Chicken Sandwich Mini Corn Dogs Cherry Tomato & Celery Stick Dippers Spinach & Romaine Salad Baked Beans Marinara Dipping Sauce Assort Fruit	Chicken Nuggets & Choice of WG Roll Cheese Pizza Cherry Tomato & Celery Stick Dippers Broccoli Floret Dippers Corn Fresh Sliced Apples	Pasta & Meatball Marinara & Choice Garlic Toast Hot Dog Chicken Nuggets & Choice of Garlic Toast Cherry Tomato & Celery Stick Dippers Spinach & Romaine Salad Sweet Potato Puff Assort Fruit	BBQ Chicken & Choice of Garlic Toast Cheeseburger Mini Corn Dogs Cherry Tomato & Celery Stick Dippers Broccoli Floret Dippers Baked Potato Fries Choice of 100% Juice: Apple or Fruit Punch
Dipping sauce dunk cup	Ketchup, mustard, dipping sauce dunk cup	Dipping sauce dunk cup	Dipping sauce dunk cup, ketchup, mustard	Ketchup, mustard, lettuce tomato cup , dipping sauce dunk cup
October 16 Monday	October 17 TUESDAY	October 18 WEDNESDAY	October 19 THURSDAY	October 20 FRIDAY
Macaroni & Cheese Choice WG Roll Chicken Max Snax Chicken Nuggets & Choice of WG Roll Baby Carrot Dippers Green Beans Steamed Broccoli Assort Fruit	Mini Corn Dogs Cheese Ravioli & Choice of Garlic Toast Nacho Lil' Bites Pizza Roll Baby Carrot Dippers Spinach / Romaine Salad Sweet Red Pepper & Celery Dippers Corn Assort Fruit	Cheese Pizza Chicken Nuggets & Choice of WG Roll Baby Carrot Dippers Spinach / Romaine Salad Celery & Cucumber Dippers Sweet Peas Fresh Sliced Apples	Cheeseburger Homestyle Chicken Sandwich Chicken Nuggets & Choice of Garlic Toast Baby Carrot Dippers Spinach / Romaine Salad Sweet Red Pepper & Celery Dippers Baked Potato Fries Assort Fruit	Hot Dog Chicken Nuggets & Choice of WG Roll Max Cheese Sticks & Choice of Marinara Baby Carrot Dippers Spinach / Romaine Salad Celery & Cucumber Dippers Baked Beans Choice of 100% Juice: Apple or Fruit Punch
Dipping sauce dunk cup	Ketchup, mustard	Dipping sauce dunk cup	Ketchup, mustard, lettuce tomato cup , dipping sauce dunk cup	Dipping sauce dunk cup, ketchup, mustard
October 23 MONDAY	October 24 TUESDAY	October 25 WEDNESDAY	October 26 THURSDAY	October 27 FRIDAY
Chicken Quesadilla Max Max Cheese Sticks & Choice of Marinara Chicken Nuggets & Choice of Garlic Toast Baby Carrot Dippers Green Beans Steamed Broccoli Assort Fruit	Cheese Calzonettes Homestyle Chicken Sandwich Mini Corn Dogs Cherry Tomato & Celery Stick Dippers Spinach & Romaine Salad Baked Beans Marinara Dipping Sauce Assort Fruit	Chicken Nuggets & Choice of WG Roll Cheese Pizza Cherry Tomato & Celery Stick Dippers Broccoli Floret Dippers Corn Fresh Sliced Apples	Pasta & Meatball Marinara & Choice Garlic Toast Hot Dog Chicken Nuggets & Choice of Garlic Toast Cherry Tomato & Celery Stick Dippers Spinach & Romaine Salad Sweet Potato Puff Assort Fruit	BBQ Chicken & Choice of Garlic Toast Cheeseburger Mini Corn Dogs Cherry Tomato & Celery Stick Dippers Broccoli Floret Dippers Baked Potato Fries Choice of 100% Juice: Apple or Fruit Punch
Dipping sauce dunk cup	Ketchup, mustard, dipping sauce dunk cup	Dipping sauce dunk cup	Dipping sauce dunk cup, ketchup, mustard	Ketchup, mustard, lettuce tomato cup , dipping sauce dunk cup

Assorted Fruits are based on availability and season and include fresh, canned, and/or frozen.

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Additional Entrée Items that October be offered daily: Chicken Sandwich, Hot Dogs, Pizza, Chicken Salad, Hamburger, Chicken Quesadilla Max

 All Entrée Items & Breads are composed of a minimum of 51% Whole Grain. Exception: Pasta & Meatballs and Macaroni & Cheese