

**Safety.
Connection.
Problem-
Solving.**



Conscious Discipline®

A Positive and Peaceful Approach to Parenting!

Parenting is one of the most important jobs we all have, yet we receive very little training for it. Along with PBIS (Positive Behavior Intervention Support), Conscious Discipline is being implemented in our schools with great success, and many facets of the program can be used effectively at home as well.

Mark your calendars today to learn how!

Who Should Attend:

Parents of Students of All Ages

When:

Wednesday, March 25, 2020

5:30pm Dinner

6:00—7:30pm Program

Where:

R.J. Murray Middle School

150 N. Holmes Blvd, St. Augustine

Cost: FREE!

Dinner and Childcare for all school-aged children will be provided.

During this session, you will learn:

- ◆ Current brain research to help you understand your child's behaviors and avoid power struggles
- ◆ Social emotional life skills to help your child reach his/her highest potential
- ◆ Practical tools to help you smooth transitions, enhance cooperation, and enjoy parenting
- ◆ How to manage your own emotions to better respond to challenging behaviors

RSVP by Monday, March 23 to Susan.Connor@stjohns.k12.fl.us.

Please let us know the number and ages of children needing childcare.



This event is being sponsored by the SJCS D Department of Accountability and Intervention Services. We extend our grateful thanks to Jeff Willard and Equitable for sponsoring dinner.



EQUITABLE